

Diploma Entry Requirements

HG College and the Human Givens Institute are committed to improving the availability of counselling and therapy training and to increasing the diversity of counsellors and therapists. For that reason, we aim to make our training as accessible as possible.

In our experience, academic qualifications, and/or prior counselling/psychotherapy training, are not a requirement for success and our Diploma curriculum has been designed to support students from novice to qualified counselling/psychotherapy practitioner.

However, to be successful, you must be able to meet the core competencies required of a practising human givens therapist. To that end you must:

- be able to attend all of the required training, completing each of the 3 Parts of the Diploma in the proper sequence
- be 18 years old or older
- be able to communicate fluently and clearly in English. As a human givens therapist you must be able to notice the subtlety of how your clients are speaking, including the words and phrases they use, and be able to use spoken English with care, nuance and skill – even if you intend to practise solely or partly when qualified in a language other than English
- be able to visually observe the physical presentation of your clients, their mannerisms and the ways in which they physically communicate their thoughts and emotions
- be able to take responsibility for your own learning and to devote the necessary time to learning and skills practice outside of class
- be able to learn from and contribute to group interaction and to skills practice in pairs and groups
- be able to engage positively in personal interactions and communicate clearly, empathetically and sensitively
- be able to think critically and creatively, and engage respectfully in debate and discussion
- be able to maintain your own wellbeing while engaging in learning related to

mental health, psychotherapy and common presentations in therapy, seeking appropriate support/intervention if necessary, which may include personal therapy

- be able and willing to develop and consider your own self awareness
- be able to and willing to develop your understanding of safe and ethical practice and to challenge previously held beliefs or models
- not have, or have ever held, any criminal convictions which may affect your practise as a therapist or your ability to register with the HGI or other professional registering body. If you have any pending or current complaints or court or disciplinary proceedings against you, or have ever been removed from a professional register, these must be declared when applying for Part 2.

We always recommend that potential students try one or two of the in-person workshops that count towards Part 1, and read some relevant texts (e.g. the seminal book '[Human Givens: An empowering approach to emotional health and clear thinking](#)' and/or background content on the www.humangivens.com and [Human Givens Institute's](#) websites) before committing to the Diploma. The Part 1 days can be taken as standalone CPD, but they also provide you with a good insight into the experience and level of the Diploma.

If we become aware, at any point on your Diploma journey, that you may not be able to meet the requirements of the course or the core competencies required of a practising human givens therapist, we will discuss this with you as soon as possible. If, on the balance of the available evidence and discussions with you, we do not believe you will be able to achieve the core competencies required of an effective human givens practitioner, we reserve the right to withdraw you from the Diploma and, when appropriate, will refund any elements of the course not yet completed.

Get in contact

If you are concerned about anything that may prevent you from meeting one of the Diploma requirements, please contact us to discuss this further via email: admin@humangivens.com or phone: +44 (0)1323 811690.

Got another question?

You may also find our FAQs helpful: [Frequently Asked Questions >](#)