

Your Diploma journey

Part 1

10 **attended workshops** and 8 **online courses**

How to make counselling more effective	Online	£159
The therapeutic power of language	2 days	£396
Effective brief psychotherapy	Online	£159
From Stress to Psychosis: how to prevent mental illness	Online	£159
Guided imagery and visualisation for therapeutic change	1 day	£198
The Rewind Technique: Effective treatment for trauma (PTSD) and phobias	2 days	£396
Guided Imagery 2 – additional techniques	1 day	£198
Understanding anxiety and managing it without drugs	Online	£159
How to break the cycle of depression	Online	£159
How to lift depression – the practical skills you need	1 day	£198
How to tell stories that heal	1 day	£198
How to control Chronic Anxiety	1 day	£198
Treating Addictions: understanding and treating all types of addictive behaviours	Online	£159
Stopping Addictions: effective treatment and recovery	1 day	£198
Effective Anger Management	Online	£159
Dealing with Conflict	1 day	£198
Overcoming Self-harm (<i>attended day</i>)	1 day	£198
Good practice: Ethics for the caring professions	Online	£159

Plus home study: [Reading List](#) and practise of the skills learnt.

Maximum price* for Part 1: £3,648*

* Savings can be made if you take advantage of our special offers.

Part 2

2 separate weeks of intensive training

This includes therapy demonstrations by the tutors, skills development, student practice sessions, a 2 hour written examination and continual competency-based assessment

Requirements:

You must have completed all 18 elements of Part 1 before attending, and have read the HG Diploma Manual in full, as well as the essential elements of the Diploma Reading List.

Qualification:

On successful completion of both Parts 1 & 2 you will be awarded the Human Givens Diploma (HG.Dip.) You will need to upgrade your HGI membership to trainee level. If you are seeing clients and/or working towards Part 3, you **must** always make your trainee status clear by calling yourself HG.Dip.P. (Trainee).

Once you have successfully passed Part 2, you have two years within which to take Part 3.

Course price for Part 2: £4,385

Working towards Part 3

Once you have qualified as a Trainee HG Practitioner, you will need to become a [Trainee Member of the HGI](#) and find an HGI-accredited supervisor who will guide and support you as you develop your clinical skills through therapeutic practice with suitable clients and cases. Your supervisor will let you know when they think you are ready to progress to Part 3. For more detailed information, please read: [Working Towards Part 3](#)

Cost: This will vary depending on the final number of supervision sessions you have (the required ratio is at least 1 hour of supervision to every 8 hours of therapy work undertaken with clients) and the hourly rate of your chosen supervisor. You will also need to pay for your [Trainee Membership of the HGI](#).

Part 3

1 week of skills practice
and ongoing assessment

This final practitioner level qualification is a week of intensive training which gives you the opportunity to further practise and demonstrate your practical skills under supervision and rigorous ongoing assessment.

Requirements:

You can proceed to Part 3 once you have successfully passed your Part 2 examination and assessment (as long as this was no longer than 2 years ago) and your supervisor advises that you are ready to do so. You will therefore have already completed the required amount of therapeutic practice with a minimum of 10 different clients, have had regular ongoing supervision with your HGI accredited supervisor and demonstrated to them that you have reached the required level of therapeutic competence in HG practice, be a Trainee HGI Member and hold Professional Liability Insurance. With your application you will also need to submit 2 professional references.

Qualification:

Human Givens Practitioner Level Diploma (HG.Dip.P) which enables you to practice as a fully qualified HG therapist. You will need to become a Registered Member of the HGI to be entered on the official Professional Register of human givens practitioners, which is accredited in the UK by the Professional Standards Authority for Health and Social Care (PSA).

Course price for Part 3: £1,992