

Your Diploma journey

Part 1

8 **attended workshops** and 8 **online courses**

How to make counselling more effective	Online	£159
Effective brief psychotherapy	Online	£159
From Stress to Psychosis: how to prevent mental illness	Online	£159
The therapeutic power of language	2 days	£384
Guided imagery and visualisation for therapeutic change	1 day	£192
The Fast Phobia & Trauma Cure (rewind technique)	2 days	£384
Understanding anxiety & managing it without drugs	Online	£159
How to break the cycle of depression	Online	£159
How to lift depression – the practical skills you need	1 day	£192
How to tell stories that heal	1 day	£192
How to control Chronic Anxiety	1 day	£192
Tacking Addiction: understanding and treating all types of addictive behaviours	Online	£159
Brief Therapy for Stopping Addictions	1 day	£192
Effective Anger Management	Online	£159
Improving Relationships: at work, at home and in the community	1 day	£192
Good practice: Ethics for the caring professions	Online	£159

Plus home study:

HG Diploma Reading List and continued practice in the skills learnt.

Maximum price* for Part 1: £3,192

*Savings can be made if you take advantage of our special offers.

Part 2

2 separate weeks of intensive training

This includes live therapy demonstrations by the tutors, skills development, student practice sessions, a 2 hour written examination and continual competency-based assessment

Requirements:

You must have completed all 16 elements of Part 1 before attending, and have read the HG Diploma Manual in full, as well as the Diploma reading list.

Qualification:

On successful completion of both Parts 1 & 2 you will be awarded the Human Givens Diploma (HG.Dip.) You will need to upgrade your HGI membership to Graduate level (GHGI). If you are seeing clients and/or working towards Part 3, you **must** always make your trainee status clear by calling yourself HG.Dip.P.(Trainee).

Once you have successfully passed Part 2, you have two years within which to take Part 3.

Course price for Part 2: £3,984

Working towards Part 3

Once you have qualified as a Trainee HG Practitioner, you will need to find an HGI-accredited supervisor who will guide and support you as you develop your clinical skills through **therapeutic practice** with suitable clients and cases. Your supervisor will let you know when they think you are ready to progress to Part 3. For more information, please read: [Working Towards Part 3](#)

Cost: This will vary depending on the number of supervision sessions you have (typically 3–10 separate sessions) and the hourly rate of your chosen supervisor.

Part 3

1 week of skills practice and ongoing assessment

This final practitioner level qualification is a week of intensive training which gives you the opportunity to further practise and demonstrate your practical skills under supervision and rigorous ongoing assessment.

Requirements:

You can proceed to Part 3 once you have successfully passed your Part 2 examination and assessment (as long as this was no longer than 2 years ago) and your supervisor advises that you are ready to do so. You will therefore have already completed the required amount of therapeutic practice with a minimum of 10 different clients, have had regular ongoing supervision with your HGI accredited supervisor, be a Graduate HGI Member (GHGI) and hold Professional Liability Insurance. With your application you will also need to submit 2 professional references and a written case study, which will be assessed and discussed during the course.

For more detailed information, see the [Part 3 Student Information Sheet](#).

Qualification:

Human Givens Practitioner Level Diploma (HG.Dip.P) which enables you to practice as a fully qualified HG therapist. You will need to become a Registered Member of the HGI to be entered on the official Professional Register of human givens practitioners, which is accredited in the UK by the Professional Standards Authority for Health and Social Care (PSA).

Course price for Part 3: £1,725

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