

## Working towards Part 3

### A step-by-step pathway for students who have passed their Part 2

Once you have qualified as a Trainee HG Practitioner, you will need to become a Graduate Member of the HGI and find an HGI-accredited supervisor who will guide and support you as you develop your clinical skills through therapeutic practice with suitable clients and cases. Good supervision is an enriching learning experience, as well as an integral part of the Diploma and your development as a therapist. Typically, trainees require between 3–10 separate supervision sessions and it is your supervisor who will let you know when you are ready to take Part 3.

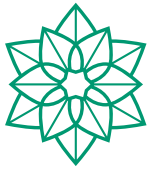
Following are the steps you need to take before progressing to Part 3.

#### After Part 2

1. Obtain the necessary professional indemnity insurance and register with the HGI as a Graduate Member (GHGI).
2. Within one month of receiving your Part 2 qualification you will need to find a registered HG supervisor that you would like to work alongside. You can search the HGI's register of supervisors ([www.hgi.org.uk/therapist-register/supervision/find-supervisor](http://www.hgi.org.uk/therapist-register/supervision/find-supervisor)) or contact the College for advice. Many supervisors are happy to work online or over the phone.
3. Check: if your chosen supervisor has availability, is willing to take on a trainee, and what their fees will be.
4. Contact the College to let them know the name of your agreed supervisor.
5. Your supervisor will set up a contract with you and together you will agree to the form your regular paid supervision will take.

#### Practising as a Trainee HG therapist

6. As well as helping you to further develop your clinical skills, your supervisor will guide you as to the types of cases that you can usefully work with before taking Part 3; will encourage you to use outcome measures; and give you guidance with regard to safeguarding and working ethically. Any queries and questions you have about your therapeutic practice should be directed to your supervisor.



7. Begin work as a trainee therapist working with for example, friends, acquaintances, colleagues, charities etc. You are only permitted to deliver the rewind technique and guided imagery when working face to face. Further guidelines re online working are on the members' area of the HG website (see: [www.hgi.org.uk/about-hgi/ethics-and-conduct/hgi-ethics-conduct-policy/online-therapy-guidelines](http://www.hgi.org.uk/about-hgi/ethics-and-conduct/hgi-ethics-conduct-policy/online-therapy-guidelines)).
8. You will work under supervision with a minimum of 10 different clients.
9. As you begin to practise with 'clients', you will keep in close contact with your supervisor so they can help develop your therapeutic skills ready for assessment during the Part 3 week.
10. **Please note:** it is **not** recommended that trainees charge for therapeutic sessions. If you have any questions about this, please talk to your supervisor.

### Applying for Part 3

11. In order to assess your readiness for Part 3 — and when you feel ready — your supervisor will ask you to provide a film or an audio of your work with a client. You will need to obtain written consent from your client.
12. When your supervisor thinks you are likely to be ready to take Part 3 (based on your progress and number of clients seen), you may book your place on the next available Part 3 week. Please liaise with the College in advance as to upcoming availability.
13. Inform your supervisor of the date of your Part 3 week.
14. Your supervisor will send a report to the College ahead of your attendance at the Part 3 week.
15. This report will be taken into consideration as part of your Part 3 assessment.