

## Part 1

8 **attended workshops** and 8 **online courses**

How to make counselling more effective	Online	£159
Effective brief psychotherapy	Online	£159
Guided imagery and visualisation for therapeutic change	1 day	£192
How to break the cycle of depression	Online	£159
How to lift depression – practical skills	1 day	£192
From stress to psychosis	Online	£159
How to tell stories that heal	1 day	£192
Tackling addiction	Online	£159
Brief therapy for stopping addictions	1 day	£192
Effective anger management	Online	£159
Understanding anxiety	Online	£159
The therapeutic power of language	2 days	£384
The fast trauma (PTSD) and phobia cure	2 days	£384
Improving Relationships	1 day	£159
How to control chronic anxiety	1 day	£192
Good practice: Ethics for the caring professions	Online	£159

### Plus home study:

HG Diploma Reading List and continued practice in the skills learnt.

Maximum price\* for Part 1:

£3,192

\*Savings can be made if you take advantage of our special offers.

## Part 2

2 separate weeks of intensive training

This includes live therapy demonstrations by the tutors, skills development, student practice sessions and a 2 hour written examination and continual competency-based assessment.

### Requirements:

You must have completed all 16 elements of Part 1 before attending, and read the HG Diploma Manual in full.

### Qualification:

On successful completion of both Parts 1 & 2 you will be awarded the Human Givens Diploma (HG.Dip.) and can upgrade your HGI membership to Graduate level (GHGI). If you are seeing clients and/or working towards Part 3, you **must** make your trainee status clear by calling yourself HG.Dip.P.(Trainee).

Course price for Part 2:

£3,450\*

\*£3,984 from 01/01/2020 onwards

## Part 3

1 week of skills practice and ongoing assessment

This final Practitioner level qualification is a week of intensive training which gives you the opportunity to practise and demonstrate practical skills under supervision and rigorous ongoing assessment.

### Requirements:

You can proceed to Part 3 once you have successfully passed your Part 2 examination and assessment (as long as this was no longer than 2 years ago). You must be a Graduate HGI Member (GHGI), hold Professional Liability Insurance, have had a minimum of 3x 1 hour supervision sessions with an HGI Accredited Supervisor and submit 2 professional references and a written case study, which will be assessed and discussed.

### Qualification:

Human Givens Practitioner Level Diploma (HG.Dip.P) which enables you to practice as a fully qualified HG therapist. You will need to become a Registered Member of the HGI to be entered on the official Professional Register of human givens practitioners, which is accredited in the UK by the Professional Standards Authority for Health and Social Care (PSA).

Course price for Part 3:

£1,575\*

\*£1,725 from 01/01/2020 onwards